Is my child "too disabled"...















...to pursue employment?

Is my child "too disabled" to pursue employment?

Many parents are surprised to find that the answer is 110. The following statements will help dispel some employment myths and highlight the possibilities for people to pursue employment, including those individuals with the most significant disabilities.

No disability is too significant for someone to pursue employment.

True employment is not only possible; opportunities should be made available for <u>all</u> disabilities are embarking on a personal journey toward employment. Everyone's path is their own with different steps along the way. Some people will move further toward integrated competitive employment than others. More than any specific destination, it is about the benefits of the continuing employment journey and all that can be learned along the way.

There are two options... a segregated workshop or a paid job.

False The path toward employment holds many options along the way such as internships, volunteering, post-secondary courses and much more. Each path must be tailored to the strengths and interests of each person and so it will look different for everyone. Some will pursue volunteer experiences and/or additional education. These experiences can help them grow and open doors to additional possibilities.

My child can earn income without losing critical benefits.

True It is possible to engage in paid employment without losing Social Security, Supplemental Security Income, or Medicaid benefits. Each program has its own rules and income thresholds; however, there are people and tools to help you to understand these rules and maximize your benefits planning. It is best if you contact the Social Security Administration or your local Work Incentives Planning and Assistance (WIPA) project before starting employment to understand the options available for your child.

I should have different employment expectations for my child because of his/her disability.

False Planning for <u>Employment First</u> as the desired outcome maximizes possibilities for everyone. We should think about the growth of all children with this in mind. It is not about how far down their path to employment they go. It is about the many benefits to be found along the way.

A key benefit to being on a pathway to employment is connection and belonging.

The pursuit of employment opens previously undiscovered doors to community groups, activities and relationships. It provides opportunities to take on valued social roles that are so important to all of us. This is critical to our sense of contribution, purpose, self-worth and belonging. Earning money and contributing to the economy can also be important added benefits.

There is support available to help me face challenges along the way.

There will certainly be bumps in the road, but there are funding sources and organizations to help you think and plan for employment outcomes. Finding the right opportunities takes planning, effort and flexibility for the journey.

<u>IMPORTANT</u>: See page 4 to learn more about important resources that will help you and your child make the best employment decisions. This includes a helpful timeline on when to do what.

The Division of Developmental Disabilities & Family Support Center of New Jersey Invite You to Free Education & Information Sessions

Lifeline for the Journey

Have you been wondering what the future holds for you and your family member with a developmental disability? At this session you will learn about the different systems that may touch your life, what each has to offer, and what some of the similarities and differences are among them. Come discover what your next steps might be to help your child and your family. Join other families, become empowered and engaged in life's journey!

Parents/Guardians of children from birth to age 14 are encouraged to attend!

Pathways to Adult Life

Attend this interactive training to learn more about transitioning from school to adult life and self directing services for young adults. Be educated about the choices your family will make!

Pathways to Adult Life is a collaboration between the Division of Developmental Disabilities (DDD), the Division of Vocational Rehabilitation Services (DVRS), the Division of Disability Services (DDS), the Department of Education (DOE), and The Boggs Center (NJ's University Center for Excellence in Developmental Disabilities). This session will assist individuals with developmental disabilities and their families.

Students with developmental disabilities age 14 -19 and their families are encouraged to attend!

Life After 21

Life After 21 is a two part training series addressing the concerns of students with developmental disabilities ages 19 - 21 and their families as they approach the adult service systems. Life After 21 Part I - provides skills and tools to plan supports and services based on individual needs. Brief overview of NJWINS, DDD Day Services and Division of Vocational Rehabilitation Services (DVRS). Resource infor-mation regarding DDD Day Program/Day Service options and DVRS contact information will be distributed to participants. This session also includes "The Provider Marketplace" which is an opportunity for families to be-come acquainted with Adult Agencies/ Service Organizations providing local supports and services.

Students with developmental disabilities ages 19-21 and their families are encouraged to attend!

For more information and to register: Family Support Center of NJ Phone: 800-372-6510 • Register Online at: www.fscnj.org

Setting Expectations Early

Parents know their children best. Professionals are only in a position to assist and guide you. While the formal transition process may start as early as age 14, the process of setting expectations begins at home. This journey can be both exciting and overwhelming. Be rest assured you are not alone. Many other families have also gone through this process. As soon as you can, create a long term plan for your child based on their interests and strengths that considers employment and or post secondary education. As your son or daughter moves through their childhood and adolescence continue to plan for their eventual transition to adulthood. Remember to find the support you need as parents.

REMEMBER:

The vocational rehabilitation process should begin at least 2 years prior to high school graduation and Special education programs are terminated once the student fulfills their IEP goals or when they turn 21 years old.

- Have your son or daughter participate in a Community-based Experience.
- Between Ages 16-19, attend DDD Pathways to Adult Life session.
- At age 18, explore the need for Social Security benefits including SSI, SSDI and Medicaid.

Prior to Graduation of 21st birthday, apply to DVRS and or DDD by attending Life After 21 session.

Mark

Mark is a 39 year old man with a developmental disability. He has been part of a local agency that supports people with disabilities for over 15 years assisting him reaching his highest level of independence in the community. In 2001, he began to pursue supported employment. He also receives support around money management and with creating a life outside of work.

Mark is a security guard at a very large local mall. As a security guard, Mark engages in the same day to day tasks of any other security guard such as patrolling the mall, crowd control and managing hazards. In his role, Mark is responsible for ensuring safety assisting people in distress. He must use critical thinking and communication skills to manage a wide array of circumstances.

Some people stereotype persons with developmental disabilities as having limited employability skills. When Mark assists a patron or store employee in distress, he is not seen as someone who is too disabled to work but rather someone is a position to help.



Marie



Marie is 28 years old and has a full life. She enjoys two paid jobs, volunteering, attending college, and socializing with many of her work and college friends. Marie was born with Down syndrome. Marie loves to be helpful. She is creative and artistic. One of Marie's volunteer experiences turned into employment. Just recently, they offered Marie two days a week of paid employment in their kindergarten as a Teacher's Aide. Marie is a valued member of her team.

According to the kindergarten teacher, "I don't know what we would do without her". Marie helps set up the classroom for learning. As a typical kindergarten aide, she helps the students with packing their book bags, putting on their sweaters, coats, hats, gloves, and teaching them to tie their shoes. When not in school, when Marie sees one of her students at the mall or restaurant, they shout "Mom look – it's Miss Marie." To her students, she is just Ms. Marie, one of their teachers, not someone who is different or too disabled to work.

MYTHS FACTS

171015
A Student may receive services from both DDD and DVRS at the same time if determined eligible with DVRS.
A student may apply to DVRS and then must be determined eligible in order to receive services.
A student may be determined eligible with DVRS if due to their disability they have difficulty working without specific services and/or accommodations.
Cost services include specific services such as tuition funding and therapies. Funding eligibility is based on family size and income, or if the student receives SSI.
DVRS assists graduated students in finding suitable employment based on student's abilities and vocational goal.
DVRS does not have its own transportation system. For students made eligible for cost services, DVRS may assist with transportation costs on a time limited basis.
DVRS will only communicate or share information with others if student/ parent/guardian have given written consent.
DVRS may attend IEP meetings if invited and deemed appropriate.
Students can be seen by DVRS with permission of parent/guardian if under 18 years of age.
DVRS reviews records, provides vocational rehabilitation counseling, and recommends services for students ages 14 and over.
It is recommended that students be referred to DVRS at least two years prior to graduation.
DVRS serves students with all types of chronic and/ or permanent disabilities. Students covered under 504 Plan may qualify for DVRS
Students may choose to receive services from DVRS at any of the local 18 DVRS offices across the state.
DVRS may provide full or partial tuition funding based on financial eligibility and other assessments.
DVRS can open up cases without records but needs

Resources

DDD Main Line: 1-800-832-9173

http://www.state.nj.us/humanservices/ddd/home/index.html

DDS Main Line: 1-888-285-3036

http://www.state.nj.us/humanservices/dds/home/index.html

DDD Life Line for the Journey:

Contact the Family Support Center of New Jersey at 1-800-372-6510 www.fscnj.org

DDD Pathways to Adult Life:

Contact the Family Support Center of New Jersey at 1-800-372-6510 www.fscnj.org

DDD Life After 21:

Contact the Family Support Center of New Jersey at 1-800-372-6510 www.fscnj.org

DVRS Main Number: 1- 609-292-5987

http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex.html

DOE Main Line: 1-877-900-6960

http://www.state.nj.us/education/

DOE Office of Special Education: 1-609-292-0147

http://www.nj.gov/education/specialed/

Disability Rights New Jersey: 1-800-922-7233

http://www.drnj.org/

The Elizabeth M. Boggs Center on Developmental Disabilities: 1-732-235-9300

http://rwjms.umdnj.edu/boggscenter/

NJ Council on Developmental Disabilities: 1-800-792-8858

http://www.njcdd.org/index.htm

NJWINS: 1-866-946-7465

http://www.njwins.org

Social Security: 1-800-772-1213

http://www.ssa.gov/

Statewide Parent Advocacy Network: 1-800-654-SPAN

http://www.spannj.org/



NJ Alliance for Full Participation Members













NJ Division of VOCATIONAL REHABILITATION SERVICES





Edward J. Bloustein School of Planning and Public Policy The Heldrich Center











Caregivers of

New Jersey



NJ Business LEADERSHIP NETWORK



NI COUNCIL ON DEVELOPMENTAL DISABILITIES



NI DEPARTMENT OF **EDUCATION**



NI Division of DEVELOPMENTAL **DISABILITIES**



Statewide Parent Advocacy Network



An Affiliate of the Family Resource Network



values into action New Jersey

This publication was created by the NJ AFP Employment First Policy Group, supported by the Division of Developmental Disabilities, Department of Human Services, State of New Jersey (contract #07ML12C), and produced by the Elizabeth M. Boggs Center on Developmental Disabilities.

October 2011